



Swami Vivekananda Yoga Anusandhana Samsthana
SVYASA School of Yoga and Naturopathic Medicine
Program Outcomes & Program-Specific Outcomes of BNYS



Program Outcomes:

After completing the undergraduate medical program in Yoga and Naturopathy, the candidate will be able to:

1. Understand the human entity in states of health and disease
2. Understand the traditional and evidence-based principles and practices of Yoga and Naturopathy
3. Analyze the physical, psychological, social, spiritual, and environmental factors affecting health and disease
4. Apply the integration of Yoga and Naturopathy-based diagnostic methods in conjunction with conventional diagnostic tools for the analysis of health and disease
5. Apply rationale for different therapeutic modalities and be familiar with their administration and common adverse effects.
6. Develop customized yoga naturopathy-based lifestyle prescriptions for health promotion at various stages of life, and preventive, curative, and rehabilitative management for commonly encountered health problems.

Program Specific Outcomes

7. Demonstrate readiness for self-directed learning, to pursue further expertise, in research, documentation, resource management, communication, and counseling skills.
8. Demonstrate proficiency as a leading member in the complementary, alternative and integrative healthcare team